



## Join Us For A Cognitive Fitness & Brain Health Seminar

**Friday, January 20, 2012  
1:30 PM to 3:00 PM  
Refreshments Included**

### Alderman Oaks is Downtown Sarasota's Premier Rental Retirement Community

- ▣ Independent & Assisted Living
- ▣ Annual, Seasonal, Respite and Other Types of Short-Term Stays
- ▣ Moderately-Sized, Locally-Owned, Family and Home-Like Community
- ▣ Just a Short Walk or Ride to Local Attractions and Services with Flexible, Free Transportation
- ▣ Food that Our Residents Literally "Brag" About
- ▣ Rental Assurance Program that Secures Rental Fees for Extended Periods



The conference room at Alderman Oaks has a newly installed Hearing Loop System that utilizes T-coil technology. Seminar participants with T-coil equipped hearing aids should experience improved hearing during the program.

To Register for the Seminar, call (941) 955-9099 or Contact Us at ...

[www.AldermanOaks.com](http://www.AldermanOaks.com)



Join Us at Alderman Oaks for an Informative Seminar Concerning Keys to Effective Brain Health.

The Program will be Sponsored by the Roskamp Institute and Presented by Dr. Michael Hoffman Professor of Neurology (UCF), Cognitive Neurology Unit, James A Haley VA Hospital Tampa, FL and the Roskamp Institute, Sarasota, FL.



Roskamp Institute

Better Science. Real Discovery.

For More Information About  
the Roskamp Institute  
Go To ...

[www.rfdn.org](http://www.rfdn.org)

## Meet & Hear Dr. Michael Hoffman Present Practical Tips On ...

## Building Brain Reserve, and Optimizing Energy and Drive